

Teaching Health Words: Vocabulary, Reading, and Conversation

Name: _____ **Level(s) I Teach:** _____

1. Health Words My Students Already Know

Brainstorm words your learners **use or recognize**:

Add any words students ask about often:

2. Choosing Health Topics That Fit My Learners

Check or circle the topics that fit your class right now:

- ☐ Making an appointment
- ☐ Symptoms and body parts
- ☐ Medicine labels and directions
- ☐ School health forms or notes
- ☐ Pregnancy, babies, or kids' health
- ☐ Managing stress, sleep, food, or exercise
- ☐ Work physicals, safety, or injury
- ☐ Other: _____

Which **one or two** topics feel most urgent for your learners?

3. Activity Examples

Use this space to capture ideas from the session.

Word Sort Ideas (symptoms / places / people / tools):

Possible words:

How I could sort them in my class:

Dialogue Ideas (calling the clinic, talking to the nurse):

Useful phrases or questions:

Mini-Reading Ideas (flyer, label, short text):

Possible real texts from my community (clinic, pharmacy, school, workplace):

4. Design Your Own Mini-Activity

Title: _____

- Level: _____
- Health topic: _____
- Skill focus (circle): vocabulary / reading / speaking / writing
- Materials needed: _____

Steps (keep it simple):

1.

2.

3.

4.

How long will it take? _____ minutes

5. My Next Step

Name one health vocabulary or reading activity I will try by: ____ / ____ / ____

Activity: